### BOOKS ABOUT GRIEF FOR KIDS







This story follows Fox and his friends as they tell stories of the special moments they shared.. It's a beautiful book to help children celebrate the memories left behind when someone dies.



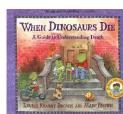
**The Goodbye Book** Todd Parr



This story follows a fish whose friend dies. Touching upon the wide range of emotions that come with loss, it providing reassurance that someone will always be there to support.



When Dinosaurs Die Laurie & Marc Brown



When Dinosaurs Die explains death, dying, and coping with grief and loss in simple and accessible language for young kids and families.



Why do things die? Katie Daines



This simple easy to understand Usbourne book for younger children explains why things die.



The Grief Wave

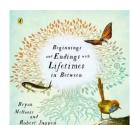
Trace Moroney



This book captures the overwhelming feelings which come with grief from the point of view of a young child while providing some tools for coping.



**Beginnings and Endings with Lifetimes** in Between



This book describes the life cycle and how it applies to different plants and creatures. It gentles shows how life involves beginnings, endings with lifetimes in between.

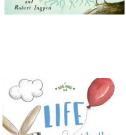


A Big Hug Book Life is

Like the Wind

Shona Innes

Bryan Mellonie



Written by a psychologist this book beautifully describes the run and laugh and play - like how the wind helps kites to fly the wind go when it stops



mystery that is life. "Life lets you across the sky ..." But where does blowing? And where does life go when it leaves the body?



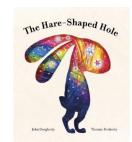
I'll Always Love You



This book tells the story of a little boy and his dog Elfie the dachshund who grow up together but the boy has to say goodbye to Elfie.



Hans Wilhelm

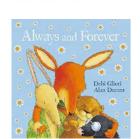


This book tells the story of a friendship between a turtle and a hare, and explores turtle's grief when hare is gone.



The Hare-Shaped Hole John Dougherty

Always and Forever



This book tells the story of the grief of friends when fox dies leading them to realise that Fox is still there in their hearts and memories.



Debi Gilori & Alan Durant



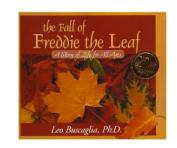


## BOOKS ABOUT GRIEF FOR KIDS





# Freddie the Leaf Leo Buscaglia



A simple story about a leaf named Freddie. This story follows Freddie and his companions as their leaves change with the passing seasons and the coming of winter, finally falling to the ground with winter's snow.





Badger's Parting Gifts
Susan Varley



This book tells the story of Mole, Frog, Fox, and Rabbit who love their friend old Badger When he dies, they are overwhelmed by their loss. Then they begin to remember and treasure the memories he left them.







This book talks about grief from the perspective of a young child..
The child in the story creates a memory box to keep mementos and written memories of the loved one, to help in the grieving process.





The Dragonfly Story
Kelly Owen

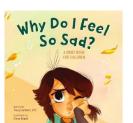


A retelling of a long used fable about dragonflies explaining how people can leave us and go to another place - but still have a presence in our lives.



Why Do I Feel So Sad?

Tracey Lambert



This is a book about all kinds of grief and focuses on what grief is and how it makes you feel.



#### What Does Dead Mean

Caroline Jay & Jenni Thomas



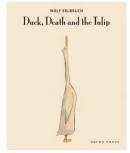
A simple straight forward book to explain death and dying to children.





Duck, Death and the Tulip

Wolf Erlbruch



This book for older children describes a duck getting to know death - who is personified in the



# The Heart and the Bottle

Oliver Jeffers



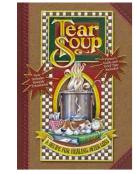
The book tells the story of a little girl who in response to the death of her father tries to shut her heart in a bottle, so it can never be hurt again and ultimately how that is no way to live.





#### **Tear Soup**

Pat Schwiebert & Chuch DyKlyen



A story about the process of grief told through a woman making soup when she loses her husband. A beautiful metaphorical tale for older kids and adults.





#### After Death

The Dougy Centre



An activity book for children who have experienced the death of a loved one.



